

PE Curriculum

EYFS

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2
Reception	Body Management U1	Cooperate & Solve Problems U1	Gymnastics	Dance	Speed & Agility U1	Manipulation & Coordination U1	Manipulation & Coordination U2	Speed & Agility U2	Cooperate & Solve Problems U2	Body Management U2	To be reviewed depending on need

KS1

Year 1/2	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Year A	Health & Fitness U1	OAA	Gymnastics	Dance	Attack, Defend, Shoot Y1/U1	Run, Jump, Throw Y1/U1	Send & Return Y1/U1	Hit, Catch, Run Y1/U1	Hit, Catch, Run Y1/U2	Run, Jump, Throw Y1/U2	Attack, Defend, Shoot Y1/U2	Send & Return Y1/U2
Year B	Health & Fitness U2	OAA	Gymnastics	Dance	Attack, Defend, Shoot Y2/U1	Run, Jump, Throw Y2/U1	Send & Return Y2/U1	Hit, Catch, Run Y2/U1	Hit, Catch, Run Y2/U2	Run, Jump, Throw Y2/U2	Attack, Defend, Shoot Y2/U2	Send & Return Y2/U2

LKS2

Year 3/4	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Year A	Health & Fitness U1	OAA	Gymnastics	Dance	Volleyball – Y3	Handball – Y3	Cricket – Y3	Tag Rugby – Y3	Athletics – Y3	Tennis – Y3	Dodgeball – Y3	Football – Y3
Year B	Health & Fitness U2	OAA	Gymnastics	Dance	Volleyball – Y4	Handball – Y4	Cricket – Y4	Tag Rugby – Y4	Athletics – Y4	Tennis – Y4	Dodgeball – Y4	Football – Y4

UKS2

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Year 5	Health & Fitness U1	OAA	Gymnastics	Dance	Badminton	Netball	Rounders	Tag Rugby	Athletics	Golf	Basketball	Football

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Year 6	Health & Fitness U2	OAA	Gymnastics	Dance	Badminton	Netball	Rounders	Tag Rugby	Athletics	Golf	Basketball	Football

Blue = Theo

Green = Class Teacher

2025/26 – mixed year groups will be following Year A.

2026/27 – mixed year groups will be following Year B.